



## Canadian Beeswax Candles

Beautiful natural 100% Canadian beeswax candles are not like other candles:

- Beeswax candles are calming and balancing. It is said that burning a beeswax candle in the bedroom for 30 minutes before going to sleep will result in a more restful sleep.
- Beeswax candles will sweeten the room with the pure scent of honey, and are a natural deep golden yellow colour that varies depending on the bees' source of pollen and nectar.
- These candles burn cleaner and longer than paraffin wax and are virtually dripleless in a draft-free environment. Unlike paraffin wax candles that produce toxic fumes\* when burned, beeswax candles are non-allergenic and produce negative ions that circulate in the room and attract and neutralize pollutants such as dust, odours, mould, bacteria, viruses and other toxins.

### How to care for your beeswax candle - don't forget to hug your candle:

As the candle melts, "hug" your candle by pushing the soft walls of the candle inwards, keeping the melted wax from dripping over.

To prolong the life of your candle keep the wick at about 1/4 inch high, trimming with scissors if necessary.



Burn times of each candle are approximate. Candles burned intermittently will last longer than one burned continuously. Temperatures of the environment will also effect the burn time of each candle. To extend burn times, chill candle before lighting. When you can no longer burn the candle, break up the remaining beeswax into small bits and add to a new candle.

Over time, a beeswax candle will get a frosted look, which is a natural process called 'bloom' that shows the candle is pure beeswax. To restore the shiny surface, you can rub it with your warm fingers, or use a hair dryer to gently melt the bloom.

Leftover candle stubs can also be used to make pine cone fire starters:

- Wax must be melted in a double boiler. Use a coffee can or any metal can that is at least two inches taller than your largest pinecone. Place a mark on the can at the top of your largest pine cone. Place the can in a pan of boiling water on the stove. Add broken pieces of wax or candle stubs to the can and allow to melt on medium to low heat until the liquid wax reaches your mark.
- Tie a string around each pinecone. Holding the string dip the pine cone slowly into the liquid wax. Remove and allow to drip over the can until it stops. Place on wax paper to cool and harden.
- To use as a fire starter, place the pine cone on top of the kindling and light the edge of one of the scales.

\* Paraffin Wax: Paraffin is a greyish black sludge that is a by-product of the petroleum refining process. It is bleached, textured, coloured and scented using carcinogenic chemicals. When burned, these carcinogens fill the room with toxins that coat the walls, furniture, and the inside of your lungs. For more information about the cancers caused by paraffin, research "Paraffinoma" on the Internet. According to Entomologist Bill Reno, "Breathing the fumes from burning paraffin candles is essentially the same as breathing the exhaust fumes from a diesel engine."